

THE LORD'S PRAYER

Jesus gave us the Lord's Prayer, not as a liturgy to recite, but as a model to follow when you pray.

"Our Father..."

Take a moment and think about the idea of God as your Father, with good intentions toward you. If you want, imagine God in your mind's eye. Picture his face. Make eye contact with him.

"In heaven..."

Take a moment to think about the idea that God is all around you. Think that just as the air is always around us, so is God.

"Hallowed by your name..."

Spend a few minutes just sitting with the Father in joyful and grateful worship. You may want to sit quietly for a few moments or sing a chorus. Or say a list of things you are grateful for. Or praise God with specific things you love about him.

"Your kingdom come, your will be done, on earth as it is in heaven..."

Pray for God's will to be done in our state/church/Groupo Evidencias/life.

"Your will be done in _____ (ex: my sister's health, at my school, in my love relationship")

"Give us each day our daily bread..."

Take a few minutes to pray for specific personal and community needs and desires. (Grupo Evidencias)

"Forgive us our debts, as we also have forgiven our debtors..."

Ask God for forgiveness for specific areas of your life.

"And lead us not into temptation, but deliver us from evil."

Pray against specific sins (or it can also be translated as problems) in your life.

Pray against any kind of evil: spiritual (demonic) evil, human evil, natural evil, etc.

Pray against the bad things in your life or community, and for God's blessing.

In the name of Jesús, amen.