

# A Proposal in 2024

Fecha @December 20, 2023

## SILENCE, PRAYER, AND WORSHIP.

Take a minute in silence to put your focus on Jesus

## DIVIDE IN TRIADS.

- 1) Share one or two good things that happened in the last week
- 2) Share one or two not-so good things that happened in the last week
- 3) Update each other about last week's prayer petitions and share any new one you might have

## SUMMARY.

Many of the practices of the life of Jesus have not been part of our plans for the new year; but these practices and disciplines are what help sustain our lives throughout the year. It is the only way we can have growing and sustainable results. Just as a diet and discipline are invisible and necessary for an athlete, spiritual practices are just as important for an apprentice of Jesus.

## SUNDAY'S TEACHING.

- What did the Holy Spirit speak to you (or got your attention) about Sunday's teaching?

### **Matthew 7:13-14**

- What stands out to you most about these words of Jesus?
- Philosopher Dallas Willard said, "The general human failure is to want what is right and important, but at the same time not to commit to the kind of life that will produce the action we know is right and the condition we want to enjoy. This is the trait of human character that explains why the road to hell is paved with good intentions." **What causes or makes you think of this phrase?** (Remember to respond about your own life, in the "I", and without giving advice or invitations to other people)

## THIS WEEK'S PRACTICE.

Our pastor ended up speaking last Sunday about 7 practices or references that can help you sustain your life during 2024

Take a couple of seconds to read them all

Then, ask the Holy Spirit which ones you should work on in 2024

Then underline the three that you think the Holy Spirit told you

Then, read the verse that accompanies the three you chose

Then, of those three, you choose only two

And finally, write down two actions you can do during 2024 to put them into action

1. Humility. Matthew 5:3
2. Fidelity and loyalty to God even when things are not going well. Matthew 5:10
3. Sincere devotion to God's commands. Matthew 5:19
4. Give up a faith of appearances where there are no changes. Matthew 5:20
5. A life of prayer. Matthew 6:10-13
6. Priority to a spiritual life rather than a material life. Matthew 6:20-33

7. Recognize and validate the Lordship of Christ in my life. Matthew 7:21-23

The two actions that I am going to do during 2024 to put these practices into action are:

1. \_\_\_\_\_
2. \_\_\_\_\_