Come to My Table for a Farewell Dinner

Fecha @May 8, 2024

LAST WEEK'S PRACTICE

Last week's practice was asking the Holy Spirit to show you a person He wanted you to show yourself to as a friend, and writing down something you were going to do. And then do it

• Who would like to share how did it go with the practice?

SUMMARY

In both the physical family and the family of faith, the table plays an extremely important role. It is a place where we sit and share, where there is protection, intimacy, and where we have the opportunity to create a safe space to love each other. Much of Jesus' ministry was around a table; eating, talking and listening, sharing and teaching. And that is what Jesus invites us to; to slow down the pace of our lives to sit at the table with our blood family, as well as our community

SUNDAY'S TEACHING

· What did the Holy Spirit speak to you about Sunday's teaching?

Luke 22:14-20

- Why do you think Jesus made the decision to do something so simple, like sit at the table and share, to be his last moments with his friends before he died?
- Why do you think such a simple practice, like sitting at the table with your family and friends, has been so lost in the
 modern world? What is a simple idea that you could implement to make this practice more constant in your life?

PRACTICE AS A COMMUNITY

This week's practice will be to prepare to have a special moment, around the table, with our family

First, think about your family's schedule and week (or personal, if you are single), and choose two days that you think you can sit at the table to eat together, and at what time (if it is difficult to think of two days, then start with one). Ex: Thursday at dinner, and Saturday at lunch. Or Tuesday and Friday at dinner

Write here they days:

Jesus always used the table as a safe place to invite the most marginalized and rejected people in society. Even to those who did not know God. Now, as a family, think of a person you could invite one of these days, to show the love of Jesus. It can be a single person from your Evidence Group, or a person or family who does not know about Jesus. It could be a friend from your children's school, or a co-worker, or that person who you know is alone in this country. Remember that the ultimate goal of being an apprentice of Jesus is to do what He did. And Jesus consistently included all ages and people at his table

Write here who you are going to invite:

One of the most difficult parts is knowing what to do when they are already seated at the table. We want to show you a very simple acronym that you can use every time you sit at the table with your families. In person, read each part of the acronym and next to it, write what you could share the next time you sit down. So that you arrive prepared and it is a great first experience

Memorias (memories): Share your best memory from the last week, or a memory of something God has done in your life or that of your family, or simply a family memory of a trip or something you did as a family

Write what memory you are going to share:

Enseñar (teach): Take time to talk about the word of God. It may be about the practice of the Evidencias Group, or those who have children, about the memory verse and what they learned that Sunday in church. Or if you're going through something as a family, talk about it. It may be asking for forgiveness if that is the case. Or simply, something that God suddenly told you that he wants to talk to your family. You can also use questions like, what has God spoken to you this week, or what questions do you have, or what was the last thing you read in the Bible that caught your attention regarding it, etc. (We believe that the father should take this role, in cases where the father is present, but it is important that it can be done interactively and as a conversation)

Write what would you share if you had to do it:

Soñar (dream): Take time to dream as a family. You may not have done this in a long time so it will take practice. And it can be long-term or short-term. It may be that everyone shares a dream that they want to achieve in a few years. Or the dream of going on vacation as a family. Or what things are on each person's wish list. Or simply that each one share something they dream of; meet a person, go to a place, have a certain job

Write what dream will you share:

Afirmar (affirm): Take time to say each word of affirmation to each person present at the table Write down the affirmations you will tell your family members:

Finally, set clear and realistic expectations with your family

- · Let all your family members know what day and time it will be
- · Talk about how the first few times are going to be "not so easy" and that's okay, it takes practice
- Do not have phones on the table, or tv on
- · Everyone will work to have the best attitude
- · We are going to work as a team, cook for everyone, make the guests feel at home, etc
- We all get up from the table together, until the end
- · Share among yourselves what expectations you are going to have as a family

BEFORE FINISHING

For the next two months we will not be having Evidence Groups. This is the best opportunity to establish this routine as a family. You can do it on Wednesdays so you don't miss the rhythm of that day. Use this time so that what was normally done in the group, you can now do at home. Do everything possible so that your family does not lose this rhythm