

# PART III: Knowing God Through The Holy Spirit

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| 📅 Fecha    | @February 8, 2023            |
| 📌 Práctica | Conocimiento E Investigación |

## **WORSHIP AND PRAYER.**

### **TALK ABOUT LAST WEEK'S PRACTICE.**

The practice was to keep memorizing Psalm 119:15-16 and Matthew 13:23; and do Lectio Divina.

- Two or three people that can tell us one or both verses.
- Being Honest, who was able to practice Lectio Divina?
- Who would like to tell us something they experienced when reading the Bible in this way?

### **READ THIS SUMMARY.**

It is no secret to anyone that knowing God is a great challenge. Because like any relationship, it takes time, and in our culture and way of life, we don't slow down in our lives to take the time and get to know God.

Just as for a couple, having dates alone on a constant basis is necessary for their relationship to grow and for them to get to know each other; it's the same for each of us spending time with the Holy Spirit to know God.

**And so that as Paul said, that we can understand, and know God through his Spirit.**

### **TALK ABOUT SUNDAYS TEACHING.**

- What stood out to you about Sunday's teaching?
- Why do you think it's so important to know the Holy Spirit?
- Honestly and non-judgmentally, do you you have a relationship with the Holy Spirit?

## **READ THE BIBLE TOGETHER.**

### **John 16:13**

- What stands out to you most about this verse?

### **1 Corinthians 2:11**

- What stands out to you most about this verse?

## **DO THIS PRACTICE AS A COMMUNITY RIGHT NOW.**

Sundays fulfill the purpose that we can **know about God**. And our daily living, spending time with the Holy Spirit, fulfills the purpose **of knowing God**. That's why we need both

And there are two fundamental practices to be able to know the Holy Spirit; prayer and bible reading. And these two practices are found in Lectio Divina.

Today, and during this week, we will continue practicing Lectio Divina. And now we are going to do it, in a more conscious and consistent way.

## **Practice.**

### **1. Step One: stillness with the Holy Spirit**

- Find a quiet place, and without distractions. Slow down your mind
- Understanding that we can only know God through the Holy Spirit, pray and ask the Spirit to give you wisdom and understanding to know God through him and the Bible.

- Don't rush this time, do it calmly. Let him speak to you.

## 2. **Step Two: read**

- Read slowly 1 Corinthians 2:10-16.
- Do it slowly and up to two times if you can.
- Find a verse that catches your attention. Write it down.

## 3. **Step Three: reflect**

- Now ask the Holy Spirit why this verse caught your attention.
- Ask The Holy Spirit what is He trying to tell you, and wait for him to speak to the heart and mind.
- Write down what you think God is saying to you.

## 4. **Step Four: act**

- Ask the Holy Spirit what step he wants you to take to obey and put into practice what we have just read.

## 5. Step Five: pray

- End by praying asking The Holy Spirit to help you put into practice what He spoke to you.

- One or two people who would like to share, quickly, what they think the Holy Spirit spoke to them personally.

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## **READ THIS WEEK'S PRACTICE.**

### **This week's practice is;**

- **Memorize** (or make sure you don't forget) Psalm 119:15-16 and Matthew 13:23.

- **Read the bible**, doing lectio divina:
  - **Easy:** If you don't have the practice of reading the Bible, make it your goal to do it twice this week.
  - **Intermediate:** If you have the practice of reading the Bible but are just beginning, make your goal to read it three times a week.
  - **Difficult:** If you are ready to give everything to God, your goal is to do it 5 to 7 days a week.

### **IMPORTANT**

- If you are doing the church's bible reading plan, do it based on that plan.
- If you are not doing a reading plan, we invite you to join at [casaevidencias.com/biblia](http://casaevidencias.com/biblia), or at our resource table you can find the printed plan.

## **DOES ANYONE HAVE A QUESTION ABOUT THE PRACTICE?**