

A Triumphant Entry Toward a Certain Death



Fecha

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WORSHIP AND PRAYER.

TALK ABOUT LAST WEEK'S PRACTICE.

The practice was to have our three rhythms of prayer. In the morning (giving our time), in the afternoon (giving our attention), and at night (giving our worship)

- How did it go with the prayer of Examen?)
- Would someone like to tell us about a “victory” they had or an anecdote to encourage others?
- Which of the three prayer rhythms is the most difficult for you, and which is the easiest for you? Why do you think that is the case?
- What are you gonna do so these three rhythms will still be part of your life?

READ THIS SUMMARY.

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1) Remembering this week what Jesus did for each of us symbolizes two things. 1 It gives us an example that as followers of Jesus we too must die like he died. To our pride, to our sins, to vanity, and to our old way of living.

2) It represents that we are now free and can enjoy life and life to the fullest. It symbolizes the arrival and welcome to the freedom of the soul, and the healing of the heart.

TALK ABOUT SUNDAYS TEACHING.

- What stood out to you about Sunday's teaching?

- The triumphal entry of Jesus was not of loud noisis, nor of an armed conqueror. But of a humble conqueror
 - Why do you think God chose the entrance of his son to be like this, being a king?
- What makes you think, reflect, and analyze the fact that the triumphal entry of Jesus was on something even more humble than a donkey. And that his victory was not to kill those who oppressed him but to morir for them?
- What personal invitation do you think the Holy Spirit is making to you by remembering the two previous aspects of Jesus' triumphal entry and death?

READ THE BIBLE TOGETHER.

Zechariah 9:9

- How does it make you feel when you read/hear the words “He is just and victorious, but he is humble, riding in a donkey”?
- What is God saying through this prophecy when he puts together words like: Rejoice, shout in triumph, king, victorious, humble, riding a donkey?

Galatians 2:20

- What do you think Paul was trying to say to those who wrote this letter to?)

DO THIS PRACTICE AS A COMMUNITY RIGHT NOW.

Remembering the death and resurrection of Jesus is not something that we should do simply by tradition once a week a year. It is something that we must do our best to remember every day.

At the same time there is something that happens when we intentionally take time out of the year to re-focus and re-mind ourselves of what Jesus did and what thta means to each of us. So that we can continue living that way, the rest of the year and our lives.

Today we are going to do a very simple exercise where we are going to let the Holy Spirit speak to our lives through the Bible, while we read two passages about Jesus. And then, we are going to respond to the invitation that the Spirit is giving us.

Practice.

1. First.

- Get into a comfortable but alert position. Put all distractions out of reach including your phone (put it on the floor or in your bag/backpack)
- Just have a pen / pencil and a notebook handy if you have one (or you can use this same sheet)

2. Second.

- The prayer of examen takes on average between 5 and 7 minutes. And the goal is that it'll be the last thing you do at the end of the day as an act of worship to God.
- Close your eyes if it helps you focus. And listen to the very words of God through the Bible.
- As you are reading the story, try to imagine that you are in that moment and let the Spirit bring a thought or emotion about something that he wants to tell you through this story.

3. Third.

- Now take a couple of minutes to write down what you think the Spirit is trying to say to your life as you remember this scene of Jesus.

3. Fourth.

- Now return to a comfortable but alert position. And close your eyes, focusing on the words that we are going to hear. And let the Holy Spirit speak into your life.

5. Fifth.

- Now take a couple of minutes to write down what you think the Spirit is trying to say to your life as you remember this scene of Jesus.

Two or three people who would like to share what the Holy Spirit spoke to them through these readings.

READ THIS WEEK'S PRACTICE.

- This week's practice will be to continue with our three rhythms of prayer. The Morning Prayer, the Daily Office and the Prayer of Examen.
- At the beginning it will be difficult to do the three rhythms, **that's why we are practicing**. So that it is more and more in your ability to do it.
- During this week, reread today's two passages and let the Holy Spirit continue to speak into your life as you remember what Jesus did for you 2,000 years ago.
- When you are praying the three rhythms, remember that you are not doing it as an obligation. But out of gratitude for what he did for you on the cross, and the desire to know more about that God who gave everything to be with you.

DOES ANYONE HAVE A QUESTION ABOUT THE PRACTICE?