

PARTE I: A Christmas With Jesus Around The Table



Fecha

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BEGIN IN PRAYER AND WORSHIP.

Pray asking the Holy Spirit to direct and guide your time together.

IMPORTANT

Let's remember some of the guidelines for an emotionally healthy community to practice today.

- Do not advise or correct.
- Get out of our comfort zone.
- Be brief when sharing.
- Speak in first person.

TALK ABOUT LAST WEEK'S PRACTICE.

We are going to divide into the pairs from last week.

Let's remember what was last week's practice: Last week's practice was to follow your daily prayer rhythm guide and one day pray for what you are battling in anxiety and depression.

Now ask these questions in pairs:

- How are you doing with your prayer rhythm?
- What change do you think you need to make to improve it?
- How can you continue to help each other to continue to grow in consistency?
- Pray for each other that the Holy Spirit will help you with your prayer rhythm.

Now go back to the large group and ask these questions:

- How did it go praying for your anxiety?
- Who can tell us a story to encourage the rest?

READ THIS RESUME.

Most of us celebrate Christmas as a time for gifts, parties, and family. And while there is nothing wrong with that in itself, we must remember what the main purpose of Christmas is: **Jesus**. Christmas reminds us of the best news in the world, **that Jesus was born and came to earth to bring us salvation.**

And as we see in the story of Zacchaeus, Jesus came to save us, forgive us, and change the way we live, **to live a full life.**

TALK ABOUT SUNDAY'S TEACHING.

- What caught your attention the most about Sunday's teaching?

Our pastor spoke of four purposes during Christmas:

- **Generosity:** Give selflessly to others.
- **Amend:** Correct and repair.
- **Restore:** Return and restore.
- **Resolution:** Resolve and make a commitment.
- With which of these four is it harder for you to do during Christmas? Why do you think it's hard for you?

READ THE BIBLE TOGETHER.

Read Luke 19:1-10

- What stands out to you most about the story of Zacchaeus?
- Why do you think Zacchaeus made such a radical decision to give, fix, restore, and change the way he lived?

DO THIS PRACTICE AS A COMMUNITY RIGHT NOW.

Tonight, personally, we are going to identify which area(s) of our lives we must change to please Jesus.

We are all on a different journey, and we all have to make radical lifestyle choices. Regardless of age, state of life, or how many years you have been following Jesus.

Remember that you make the decision, and the Holy Spirit gives you the strength and guidance to do it.

Now the practice.

1. Step One: Ask the Holy Spirit for guidance and help.

- The facilitator will pray in a general way asking the Holy Spirit for guidance and help to know what decision (or decisions) we must make.
- Afterwards, we are going to be silent for a few seconds looking for what the Holy Spirit is telling you to do.

2. Step Two: Write the decision.

- In the blank space, write the decision that the Holy Spirit showed you and that you know you have to make.
- The Holy Spirit will not always speak in an obvious way. Many times, He already knows that you know what decision you have to make.
- Some areas to consider are:
 - Relationships.
 - Money.
 - Time.
 - Serving.
 - Worship.
 - Media consuming
 - Parties.
- It's anything you know is above Jesus; and that you know that he is asking you to do and you have not done it.

- Write here:

3. Step Three: Ask the Holy Spirit for help

- This decision is difficult, that's why you haven't been able to do it until now.
- The good news is the promise of Jesus, that he left us the Holy Spirit to help us on these occasions.
- Personally, ask the Holy Spirit for help to carry out this decision.

4. Step Four: Write down when you are going to make or take the first step towards this decision.

- No one is forced to make a decision.
- But the chances that you do, will increase a lot, if you write right now when you are going to carry out that decision.
- It could be signing up for something, having a difficult conversation, turning down an invitation, starting to do something, etc.
- Write it here:

READ THE PRACTICE FOR THIS WEEK.

The practice this week is to carry out that decision or the first step to that decision.

PRAY BASED ON THE PRACTICE TO END

Does anyone have a request they would like us to pray for?